

EYE CARE

Eyebrow shaping	15 PLN
Eyebrow tinting	20 PLN
Eyelash tinting	20 PLN
Eyebrow shaping and tinting	30 PLN
Eyelash extension	250 PLN
Eyelash extension - a touch-up	100 PLN

WAXING

Legs	90 PLN
Calves	50 PLN
Bikini	50 PLN
Underarms	30 PLN
Upper lip	15 PLN

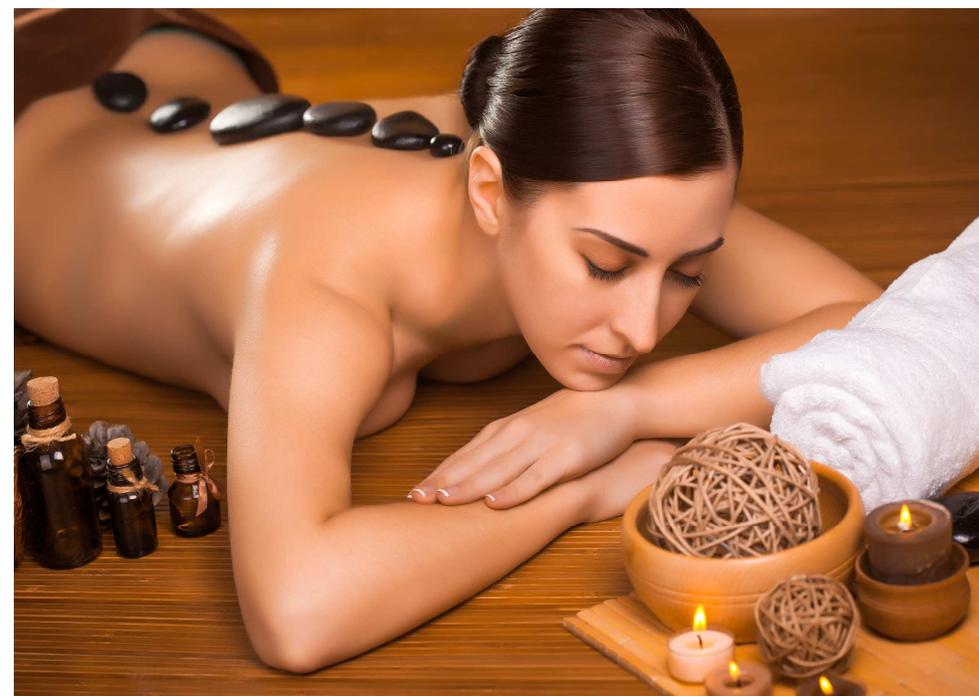


WELLNESS & SPA OFFER

To book a session and/or pre-order a bathrobe,
contact the reception or call 400.



Bartan Hotel, ul. Turystyczna 9A, 80-680 Gdańsk
Reception: +48 58 30 80 999, hotel@hotelbartan.pl



MASSAGES SPA

Medical Chiropractic Massage (60 min.) 140 PLN

It is the oldest and very popular method of treatment for a variety of disorders related to the spine, nervous system, muscles and joints. Our practice offers a unique massage which focuses on locating the tissues affected by excessive build-up of tension which can cause discomfort or pain. The tension is relieved by applying appropriate manipulation techniques and pressure.

Classic Spinal & Foot Massage (45 min.) 100 PLN

It is a therapeutic technique widely recognized by physical therapists. It helps to relieve the pain in the paraspinal muscles and reduce muscle tension, while improving the function of the spinal joints (facet joints) and increasing their range of motion.

Relaxing Full Body Massage (70 min.) 130 PLN

It is a special offer designed for those who are tired, overworked, tense and stressed. The purpose of the massage is to provide ultimate relaxation for the body and mind. The massage reduce the tension of all your muscles, while restoring the proper function of your body.

Full Body Chinese Cupping Massage (60 min.) 130 PLN

This type of massage therapy stimulates blood circulation and is recommended for intense muscle tension or a cold. It has a warming and stimulating effect, makes your body firmer, and promotes the removal of toxins. The cupping massage can feel intense.

Hot Stone Massage (70 min.) 170 PLN

This type of massage therapy is one of the most soothing types of body massages. It uses warmed basalt stones to put you in a deep state of relaxation, eliminate any signs of stress, and bring instant relief. It combines the therapeutic effect of the warmth released by the stones with massage techniques. This type of massage therapy has a multidimensional beneficial effect on your entire body. Its purpose is to restore your inner balance, remove all tension from your body, and boost your emotional and spiritual vitality.

Medical Partial Massage (45 min. / 60 min.) 90 PLN / 130 PLN

The duration of the session depends on the type of ailment and your general health. The massage combines different types of trigger point manual therapy to alleviate muscle tension and relieve muscle and joint pain.

Extra Massage – Additional (15 min. / 20 min.) 50 PLN/ 60 PLN

FOR WOMEN AND MEN. Effective massage recommended for both women and men who experience intense stress. The massage focusing on the face and décolletage is a perfect complement to other massage therapies we offer. It is especially popular with our female clients.

BEER BATH

Beer Bath (30 min.) 50 PLN

A beer bath is more than just a unique form of relaxation. It is also beneficial for your skin: it improves its condition, tone, and blood supply. It leaves your skin soft, smooth and delicate. In addition, a beer bath stimulates the circulatory and nervous systems.

SAUNA & JACUZZI ZONE

Sauna (45 min.) 20 PLN/person

Jacuzzi (45 min.) 30 PLN/person

Sauna + Jacuzzi (60 min.) 40 PLN/person

Bathrobe hire 10 PLN

Towels free of charge